



THE SALWEY ARMS

LUNCH

SERVED 12PM - 3PM

SANDWICHES

OPTION OF WHITE, WHOLEGRAIN OR BRIOCHE (GF
OPTION AVAILABLE)

ROASTED BEEF & ONION 9.95

HOT ROASTED BEEF & FRIED ONIONS WITH
MUSTARD MAYO, TOMATO SLICES AND ROCKET

CRISPY FISH GOUJON 9.95

BEER BATTERED COD GOUJONS,
HOMEMADE TARTARE, GEM LETTUCE &
DILL MAYO

CORONATION CHICKEN 9.95

CREAMY CORONATION CHICKEN, MANGO
CHUTNEY & MINT YOGURT, WITH CUCUMBER,
RED ONION & ROCKET

TOASTED OPEN CLUB 10.95

TENDER ROAST CHICKEN, SMOKED BACK BACON,
FRIED EGG, GARLIC PARMESAN MAYO,
CUCUMBER, TOMATO SLICES & GEM LETTUCE

TUNA CRUNCH 9.95

TUNA FLAKES IN A DILL & LEMON MAYO,
DICED PEPPERS, CELERY, CUCUMBER, SPRING
ONION ROCKET & TOMATO SLICES

PLOUGHMANS 9.95

HONEY ROAST GAMMON,
FIG CHEESE, SWEET ONION CHUTNEY,
ROCKET, TOMATO SLICES & APPLE SAUCE

VEGGIE PLOUGHMANS 9.95

LA VIE SMOKED VEGAN BACON, FIG CHEESE, SWEET ONION CHUTNEY,
ROCKET, TOMATO SLICES & APPLE SAUCE (V)

SOMETHING MORE...

FALAFEL FLATBREAD 9.95

FALAFEL & SPINACH SLICE, HUMMUS, TOMATO
RELISH, ROCKET & RED ONION (VE)

WELSH BUCK RAREBIT 9.95

HOMEMADE TOASTED BREAD TOPPED WITH A SAVORY,
MELTED CHEESE SAUCE & VINE TOMATOES

PLOUGHMANS PLATTER 14.95

SMOKED APPLEWOOD CHEESE, SHROPSHIRE BLUE,
HONEY ROAST GAMMON, SWEET ONION CHUTNEY,
HOMEMADE SAUSAGE ROLL, PORK PIE, PICKLED
ONIONS, GHERKINS, SALAD GARNISH & TOASTED
BREAD.

CHICKEN CEASER SALAD 12.95

*ROASTED CHICKEN BREAST, GRILLED SMOKED
BACK BACON, GEM LETTUCE, GARLIC
CROUTONS, WITH PARMESAN CHEESE & A
CEASER DRESSING
(GF POSSIBLE)*

HAM, EGG & CHIPS 12.95

HONEY ROASTED GAMMON, TWO FRIED
EGGS, SWEET ONION CHUTNEY, CHUNKY
CHIPS & SALAD (GF)

CARBONARA 14.95

SPAGHETTI, TOSSED IN A SILKY RICH SAUCE
OF FRESH EGG YOLK, PARMESAN CHEESE,
CRACKED BLACK PEPPER & A DOLLOP OF
CREME FRIACHE, WITH SMOKED BACK BACON
AND GARLIC BREAD. (GF POSSIBLE)